



## Pallavanjali Institute for the Actualization of Individual Potential

Newsletter April 2023



**April is Autism Awareness Month.**

Pallavanjali began another session of nurturing our relationship and looking forward to the excitement prompted by our new students.

The month started with a Birthday party, and as always students took the lead in planning and executing the party. They decorated the space, and organized the food, including the coolest summer drink. New bonds of friendships were developed.

The students have been occupied with short rotational in-house **Internships** such as Bakery, Gardening, Computer technology, and Teacher assistance. Besides this Reading club, Nature walks, Therapies and ADL continue in full swing.



**IN HOUSE INTERNSHIP**

In **Bakery lessons**, we practiced the basic and most important preparation before entering the bakery - wearing an apron, cap, and mask and washing hands. This caters to Hygiene as part of learning in the work area.



'Nature is the best therapy'; It has been perfect weather to be outdoors for Nature walks and **Gardening**. Students explored the gardens and observed chikoo, peepal, and papaya trees. They watered plants within and around the premises using a hose. It is interesting to note how students are excited to wear their caps as explorers and learning outside classroom walls.





A jasmine sapling was planted by PIAIP students.

What the students did:

- Digging using a spade and trowel
- Setting the sapling
- Levelling the area with hands and shovel
- Watering using a bucket and mug

What the students learned (as shared in the follow-up discussions):

- The earth is a 'big pot'- this was shared by a student who lives in apartment and has access to only potted plants.
- We use "sharp and heavy" equipment.
- Plants are delicate.
- Water is 'food'; not to 'drown plant by throwing water'
- Some plants need 'support'.

As part of **Computer technology**, the students have learned to analyze the given data and create tables for the same in MS Excel. They have mailed the created tables to the teacher. Some students are exploring **Canva** and **Multimedia**. This is keeping in mind the objective of possibilities of Internship opportunities in various fields.

The **Readers** group spent quality time at Treasure Trove library. Students with limited reading skills accompanied on this reading trip, they explored vibrant picture books.





Teacher assistants have been rather busy helping their respective teachers execute plans, which also includes collecting the items required for a planned activity. A special mention to one of the teacher interns who went shopping to buy a bag that suits the '*serious responsibility*' undertaken by her.

Students always enjoy drumming; this is a paradox of high energy and descending calm. Students have been learning about recycling, and as part of this ongoing learning, they made paper bags with newspapers. This involves multi-step organizational skills – setting up workspace and material, working in

a team, and cleaning up afterward. They are guided to continuously practice these skills in every sphere of their lives.



Students from the L1 and L2 programs have had a busy time with daily activities that lead to higher-level skills. Students used sorting skills to group items together based on similarities. They are given material from their daily environment such as spoons, forks, pencils, pens, shoes, bottles, bags etc This helps them generalize their daily personal belongings, hence helping them to organize their things better.



Yoga and Sports for relaxation, fitness, and rejuvenation continues. Asanas are modified to adapt to the needs of the students. These are planned in

collaboration with the needs of individual students, pertaining to Occupational therapy. We practiced Breathing exercises in different positions.



The all-boys **Hostel stay** was the most exciting time. This **weekend residential program** is to help inculcate habits of sharing, accommodating, and taking ownership while bonding with others. Students were busy learning about how to keep cars clean. They were overjoyed as they indulged in the washing of cars. Movie night at the cinema followed by dinner was entertaining. Planning breakfast, snacks, dinner, waking up in time, brushing teeth, shaving, combing, applying cream or lotion, taking a bath, putting on clean clothes, winding down



after classes- there was so much to do independently and along with friends.



On-demand, the all-girls Hostel stay is coming up soon.

Sessions on grooming and sexuality are conducted regularly. Separate sessions are held for girls and boys.

Boys were made aware of 'TOUCH'.

Girls were made aware of appropriate innerwear as per need and size.





The **Day boarders** indulged in multiple exposures including music, art, and sensory play. As part of recycling, they made Magic wands using sticks collected from their Nature walks, used old non-synthetic wrapping paper to wrap them, and then painted these.

The **Pre-Intern** students were busy organizing stationery and setting up their personal cubicles. Students learned to identify their items and keep them properly.



**Baisakhi** and **Eid** were celebrated by all. Students learned 'sat sri kal' as a greeting. Delicious seviyan were enjoyed by all.

Parents are our stakeholders. The **Annual Orientation** program for the parents was conducted. The PIAIP team shared the curriculum, which included what was done and what is ahead and how are the plans implemented to ensure that learning is not in compartments.



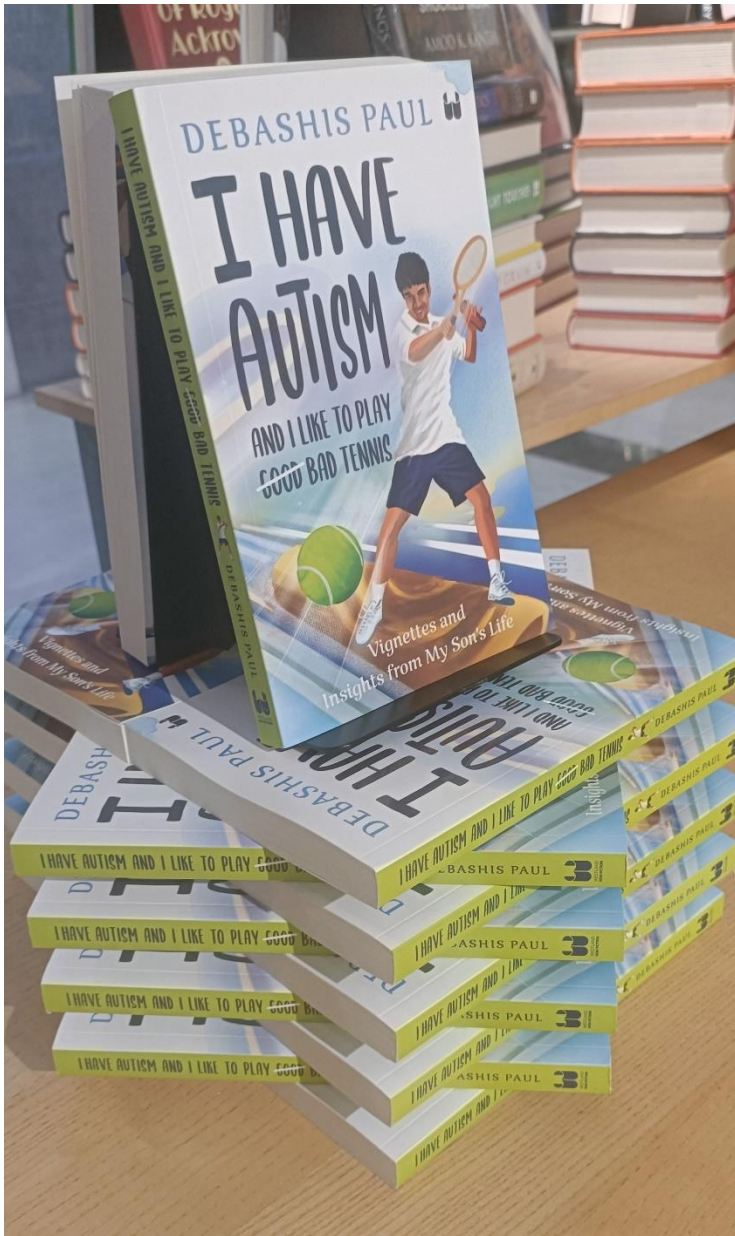
Book launches, Authors, and magazine publications were the flavour of April. It was a pleasure to attend the book launch of our ex-parent. His book was an eye-opener about the experiences of the parents of a boy with Autism.

Another launch by one of the parents was her book of poems about bugs and beasts by another parent, she is an environmentalist lawyer and feels strongly about the degenerating ecosystem.

As part of **Autism awareness month**, an article was published in the 'Suburb e-magazine'. The article was about the perspective of a special educator.

<https://www.suburblive.in/lifestyle/homes/confessions-of-a-special-educator/>





We are proud to share the story of **L3** student Pema. A student from Arunachal Pradesh, Tawang came with dreams. Making his dreams meaningful was a challenge taken up by him and us. We all would reflect upon the possibilities and help him set his goals and ours had to be aligned as well. He figured out his vision of becoming an entrepreneur. The stakes were high as we had to look out for mentors, meaningful internships, and create a roadmap for Pema. Our external faculty mentors guided him as well. It is during one of the workshops with the owner of the organic produce agency Chakki Peesing that Pema finally had his epiphany moment. Not only did he intern there but was also mentored on how to proceed further. He was guided to promote this on social media, his Business

account was created on Instagram, which was further shared to increase his reach to customers. We helped him with creating his bio-sketch and the source of rice to authenticate the sales. Today he has his start-up by the name of RaktaRice, an online store to procure organic red rice. This has been received well by many.



Paddy fields in Pema's hometown

**Our mission is to provide experiences for all students to flourish by developing educational and experiential programs.**

Find us at:

<https://www.instagram.com/pallavanjaliinclusiveschool85/>