

Pallavanjali Institute for the Actualization of Individual Potential

Newsletter August 2023



(3D model by students) **Awesome August**

A proud month as India landed on the Moon!

Pallavanjali celebrated India's 77th Independence Day with performances by the students. Laddoos were devoured after the heartwarming performance. The celebration was put together vertically across all age groups. But much before the actual day of the performance, there was a lot of preparation backstage and effort in the classrooms. Students marked the calendar with this national festival, birthday celebrations, movie afternoon, and night stay in August.

Chandrayan launch was viewed by us enthusiastically. The excitement was uncontrollable and students from pre-Intern made a 3D model of Chandrayan.



Celebrations

Students learned about Grooming themselves as part of the ongoing Independent Living skills curriculum. They found the classes rather interesting as they put together a grooming kit separately for girls and boys. They decided upon the essential items that 'must' be in the kit. Besides this, they used different strategies for identifying different labels of some of the products.

Students had fun with macaroni cooking and baking cookies and tea cakes. They had to execute the recipe according to the written and verbal instructions. Skills such as differentiating between baking and cooking, vegetable washing, chopping, and cooking, boiling safely, serving, and eating etiquette as a group, and much more.



Cooking, Baking and a lot more

Earth to Earth - Rakhi to Plant

The students were occupied with pottery and art for making Flags and Rakhis.



The Rakhis were made with clay by students, these also had seeds as decoration. The idea of plan table Rakhis was well received by all.

As part of the celebration, students got henna tattoos pertaining to expressive arts.



Besides this Therapies and ADL continue in full swing.

Pallavanjali believes in the holistic approach that caters to the development of a student in all areas. Hence regular and repeated practice of several skills continues. This includes sessions on grooming and sexuality.

As part of **Computer technology**, the students continued with the practice of typing, MsExcel, MsWord, Canva, and others.

Yoga and Sports for relaxation, fitness, and rejuvenation continues. This month students practiced **Pranayama and chanting**. Facial and Oral exercises were practiced in collaboration with the needs of individual students, pertaining to Occupational therapy.

The **Readers'** group has been working on '**top of my mind thoughts**'.

The topics – 'What can I do with a ball; Name 3 things that come to your mind – holiday/weekend/friends/family/teacher/celebrations.

They also worked on mood boards – for example – sun- hot, angry, energy
moon- cool, bright, lazy

For the **Pre-Intern** group, it was functional academics, birthday party, and a night stay.



The **Day boarders** indulged in lazy August afternoons with movie watching and story time. They saw 'The Monkey King'. Students enjoyed a cool afternoon with music and free painting on easels. Focusing became effortless as students enjoyed Ice-painting. They learned assembly line work through organizing, filing, and packing papers. They made concentration jars.



The batch of **L3** students is attending classes with full vigour. We need intelligence today even more than ever! The problems we face require a deep ability to understand and solve these problems. Intelligence is not merely our ability to read, write and do arithmetic. Usually when we think of intelligence, we think about our ability to learn and then give back pieces of information -- so we can get good grades on an exam or impress a superior at the office or

our friends and colleagues. But what we typically learn is based on our gross tools of observation - our five senses. We "learn" by seeing, hearing, feeling, tasting, or touching something.

During the insightful discussions, debates, and team and Buddy projects the L3 students got chance to apply and sharpen their learning and understanding of the world around them. They were also made aware of the requirements and demands of being in the work force. Some of the essentials required from any nature of work would be Respect, Discipline, Hygiene, Body language, Eye-contact, Voice and Tone, Discipline, Pleasant and Presentable appearance. The timetable also consists of English, Grooming and Communication, Sports, Orientation to Sexuality, Music and Movement and Art. They participated in the celebrations for India's Independence Day.

We also had our ex-students visiting us and spoke about their journey, it was indeed an eye-opener for the present students to interact with the seniors formally.



Our mission is to provide experiences for all students to flourish by developing educational and experiential programs.

Find us at:

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